CONTINUING EDUCATION FOR HEALTHCARE PROVIDERS

Therapeutic Neuroscience Education I: Teaching People About Pain
Weekend Intensive

Course Cost: $475 USD

Course Faculty: Dr. Adriaan Louw, PT, DPT, CSMT, Dr. Kory Zimney, PT, DPT, CSMT, Dr. Steve Schmidt, PT, M.Phys, OCS, FAAOMPT, Dr. Louie Puentesdura, PT, DPTm, PhD, OCS, GDPT, CSMT. Dr. Jessie Podolak, PT, DPT, TPS

Description
This course is designed to update attendees on the latest evidence and clinical application of therapeutic neuroscience education for patients in pain. Current best evidence has shown that neuroscience educational strategies utilizing neurobiology and neurophysiology are able to reduce pain, increase function, reduce fear and catastrophization, improve movement and change cognitions and brain activation during pain experiences. Therapeutic neuroscience education changes patient beliefs regarding their pain, thus reducing the threat of pain. This class will discuss the evolution of therapeutic neuroscience education, why neuroscience education is needed in physical therapy and, more importantly, the clinical application and implementation of therapeutic neuroscience education for patients with acute, sub-acute and chronic pain. Special features include various metaphors, images, examples and case studies explaining neuroscience to patients in pain. In addition, the class will cover clinical issues such as compliance, pacing exercise and activity, incorporation of therapeutic neuroscience education with traditional movement based therapy, billing and insurance reimbursement concerns and delivering therapeutic neuroscience education in busy, time-constrained clinical environments. This class is a must for all therapists dealing with patients in pain.

Approach and Instructional Method
On site live lecture with group interaction.

Objectives:
Upon completing this course, you’ll be able to:

1. Discuss the latest evidence for therapeutic neuroscience education
2. Demonstrate the clinical ability to apply therapeutic neuroscience education to clinical practice with the use of at least one metaphor shared in class
3. List at least half of the output systems in class and their response in a chronic pain patient
4. List potential strategies to implement therapeutic neuroscience into clinic practice regarding time, staff, billing and traditional therapeutic treatments
5. Design a treatment plan for a chronic pain patient based on output system dysfunctions with correct pain neurophysiological reasoning behind the treatment with information provided in the course

Target Audience: Intermediate level course open to licensed healthcare providers, including occupational therapists. Unlicensed healthcare providers will be considered on a case-by-case basis

Credits: 15 contact hours or 1.5 CEUs
AOTA CEU/Contact Hours: 1.5 CEUs or 15 hours

AOTA Classification Code: 1) OT Domain; 2) Outcomes: Prevention

Cancellation Policy for cancellation by the participant or by the provider available: ispinstitute.com/ceu-policy

Special Needs Request: To view ISPI’s special needs policy and request help, please go to http://www.evidenceinmotion.com/accommodation-procedures-disabled-participants/.
You may also call 888-709-7096 or email courses@eimpt.com.

Registration: Available at http://www.ispinstitute.com/educational-offerings/course/therapeutic-neuroscience-education-teaching-people-pain/

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